



FOR IMMEDIATE RELEASE

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October 12, 2021

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Community invited to free webinar - "Adult Day Care Programs & Services for Seniors"

WAKE FOREST, NC – The Town of Wake Forest is partnering with Aging Care Matters and the Northern Wake Senior Center to host a free webinar on [Adult Day Care Programs & Services for Seniors](#) on Thursday, Oct. 28, from 6-7 p.m.

The webinar will feature a presentation by Advanced Professional Aging Life Care Manager Carla Payne who will highlight adult day care options in our area and assistance programs available to local caregivers. The session will also include a 30-minute question-and-answer period moderated by Wake Forest Commissioner Adam Wright.

"I am often asked about adult day care and the availability of community resources," said Wright. "This webinar is intended to make sure that residents who are caring for adults and need assistance know what help is available to them."

Community members are asked to register in advance at <https://bit.ly/WFAdultDayCareWebinar>. When registering, you will also have the opportunity to submit questions in advance. After registering, you will receive a confirmation email containing information about joining the webinar.

"We will collect questions up front to help ensure our residents get their questions answered," said Wright. "Submitting questions in advance will help us ensure as many questions are answered as possible."

Residents may also watch the information webinar live on WFTV 10. The Town's government access channel is available to residents and businesses that subscribe to Spectrum Cable TV service. WFTV 10 is also provided in real-time streaming video at www.wakeforestnc.gov/communications/wftv-10. A video of the information session will be available for viewing online the following week.

The [Adult Day Care Programs & Services for Seniors](#) webinar is a [Wake Forest Cares](#) initiative. For more information, email Communications & Public Affairs Director Bill Crabtree at bcrabtree@wakeforestnc.gov.

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For more information about the Town of Wake Forest, contact Communications & Public Affairs Director Bill Crabtree at 919-435-9421 or bcrabtree@wakeforestnc.gov.